# Annual Report

2013-14



**SACHETAN**, set up in January 2013 and based at Kota (Rajasthan), is committed to educating, guiding and mentoring children, adolescents and youth living in urban and rural communities. The goal is to enable these individuals to make conscious decisions and choices for a better future for themselves and the society at large.

We at SACHETAN firmly believe that creative engagement with children and youth is a key to building a society with quality human capital. As an organization we have chosen to assume the responsibility of facilitating this engagement, by nurturing and empowering them to become responsible citizens.

In the first year of learning we have begun working with children and students as a group to provide them with creative and innovative ways of learning and enabling for better future. We focused on adolescent girls and their issues related to education, health and life skills. To some extent, we have been able to understand what and how is needed to be delivered; and are in the process of expanding the involvement and to shape the learning into project form to work on with more consistency.

This is very inspiring moment for Team SACHETAN to present its first annual report which reflects our learning and journey of voluntary efforts. Happy Reading!

Team SACHETAN

#### Vision

Our dream is to have an equal and socially conscious society, composed of educated and capable individuals with healthy mind, body and soul.

#### Mission

To promote efforts to impact different strata and segments of society through integrated approaches to cre ate progressive change in society. We emphasises importance of the stimulating young minds, which helps to empower individuals make conscious choices that impact their own lives.



## **Glimpses of Activities**

Our core programmatic areas are education, health, gender and life skills issues. We apply several methodologies to work with children and adolescent girls. Some of our programme activities include:

#### Story Workshops for Enhancement of Educational Competencies

Considering reading, listening and drawing skills as important tool of enhancing the skill of imagination, concentration, articulation power of children, we focused on 'story'. Story as methodology is used in various ways whether it is story telling mode or building/creating the stories by children themselves. Both give space to



imagination as well as creative struggle with language, vocabulary and logical placing of events. We conducted story workshops for the students to develop and enhancing the basic educational competencies like reading and writing by promoting creative thinking and writing, vocabulary building and presentation skills. We engaged with 142 school going children through these workshops at various locations in which they attempted to think of a story, write a story and then present the story.

#### ArtLabs for Creative Engagement



We believe in social function of art that it has immense possibilities to lead social, cultural and environmental change. Our ArtLabs are medium to inspire learning and spread social messages with creativity. ArtLabs are for seeding the thought of 'do it yourself' among children. We conducted ArtLabs with school and non-school going children both at various locations. These ArtLabs encourage children to explore their creative talent and to engage in creative assignments. The ArtLabs are theme based like; save environment through creative alteration of plastic bottles; paper craft-flowers and other objects through waste magazines and newspapers; colouring of earthen lamps etc. The basic idea of ArtLabs is to promote 'do-it-yourself' behaviour among children for creative utilization of available resources and come out with new ideas of their own.



#### Body Move ment Workshop

Seven days body movement workshop was organized for the girls of observation home (Nari



Niketan). The workshop used the folk dance forms like Garba-Dandiya and Ghoomer as a strategy to work on values like collective strength, synchronization, system and functionality, boundaries and space etc. The workshop provided the girls an opportunity to have a break from routine and monotonous life of observation home. The girls were also taught to prepare

dandia-sticks. The girls who could not participated in the dances, took lead in dandia sticks preparations. This seven days workshop established a rapport between us and the girls of the home which has motivated us to plan a long term intervention for them.

#### SELF Programme: Working with Adolescent Girls

SELF stands for Self- Exploring, Self-Leading and Self-Fostering. This SELF training program is designed for the adolescent girls who are, due to adverse circumstances in life, got to live in Balika Grah: Observation home run by Department of Social Justice and Empowerment, Kota. Through SELF program SACHETAN wishes to empower the girls with such skills so that they could be able to explore themselves, have their own decisions to make informed choices and take care of themselves to live with dignity after release from Balika Grah. We started a pilot project for four months (December 2013 – March 2014 and three days in a week) for girls of Balika Grah, which was focused on improvement/refresh of basic literacy skills and enhanced understanding on various issues of health, livelihood, legal rights, etc through various thematic workshops. 21 girls (whosoever was admitted there) participated in SELF program. We worked with the girls who were in the age group of 12- 18 years and maximum could not be linked with the formal schooling system. As a result of this pilot project the girls could able to retrieve their literacy skills and gradually gained interest in the studies. They showed their interest in continue their education through Open School or other distance education. The girls who were below 14, have been recommended to be linked with local school in the coming session.

Activities under 'SELF': Besides literacy dasses following activities/ sessions were also offered -

- Akhbaar (Newsletter writing)
- Menstrual Health Management (Phase 1): Listing of practices
- Menstrual Health Management (Phase 2): Training on home-made cloth sanitary napkins
- Interactive Session with Some Women Established in their Fields (Scientist, Theatre, Human Rights, Social work, Education)
- Origami Workshop facilitated by student volunteers
- Personal Care through Natural Methods



## Snap Shots





Literacy Session at Balika Grah - Writing practice through News Letter writing SELF Project Narishala - Menstrual Health Management: Listing of Practices





SELF Project - Literacy Session at Balika Grah

Women's Day Celebration at Narishala





Origami Workshop by student volunteers

Menstrual Health Management: Making of Cloth Sanitary Napkins





ART Lab session

ART Lab session



## Snap Shots



Stary Workshop



Discussion with girls on Child Rights



Inaugural Geremony of Poster Exhibition



Release of Organisation's Brochure



Welcome of Guests



Felicitation of poster making participants



The Audience at Poster Exhibition



Feliditation of Counsellor, Balika Grah



#### Safe City for Women and Girls

**Poster Exhibition:** Working to create safer city for women and girls is a part of broader concern to end violence against women and girls. In support of the idea we invited everybody...from students to senior citizens of the city to express their feelings on the issue through Art by making posters. We received an overwhelming response from students, housewives, teachers, senior citizens and freelance artists for the purpose. The posters received were showcased through an exhibition organised at Art Gallery, Kota. Prof SC Rajora, Dean and Head of Department of Social Sciences, University of Kota graced the occasion as Chief Guest.

**Students' Voices: Rapid Assessment:** In the continuation of the concern creating safer city for women and girls, we conducted an Interaction with students of 10<sup>th</sup> standard of Central Academy School. The objective of the Interaction was 'Identification of risky/unsafe/uncomfortable areas in the city to move around for women and girls' and 'understanding the factors what makes the public spaces uncomfortable to women and girls' and finally the innovative suggestions/ measures to makes such zones safe for them. The students earmarked the locations unsafe for girls from their perspective. This was the first interaction to understand the students 'voices on the issue. A series of discussion on the same is planned for others schools too so that gradually, a safe city plan could be shared with the local police department of the city.

#### Ce le brations, Conferences and other Events

- National Sports Day was celebrated with the girls of observation home and also with the
  primary students of Harijan Basti Ganeshpura School. A one day workshop was organized in
  which they recalled the 'games we played in childhood'. Creative exercise and games were also
  played by the girls in the workshop.
- Facilitated discussions among children on child rights issues to be reviewed and incorporated
  in the election manifestos of political parties respectively at Pragati International School,
  Ujjwal Vihar and Mary Children School, Sunder Nagar where total 65 students from class 9th to
  12th participated in the event.
- On behalf of the organization Dr. Bharti Gaur participated and got felicitated in the national conference (4-5 October 2013) on 'Female Feticide- Socio-legal issues and challenges' organized by women cell of University of Kota and National Commission for Women, Delhi.
- Celebrated International Women's day with residents of Nari Niketan. The event was chaired
  by Rashmi Sharma, District Education Officer (Elementary). Several leading women from
  different fields like science, theatre, human rights, social work and education were called in the



- event and an interaction session with the girls was arranged to motivate the girls for their better future. A poster exhibition was also organised on the occasion.
- Lecture on SMART goals was delivered to the volunteers of National Service Scheme (NSS) of Mahatma Gandhi Senior Secondary School, Rampura.
- The responsibility of celebration of *Bal Diwas* under the celebration of *'Samaj Kalyan Saptah'* was given to us by the district administration and officials of Social Justice and Empowerment Department, Kota. The resident girls of the observation home gave performances on Ghoomer and Garba dance forms which they learned in Body Movement workshop organised by us.
- Initiated a support centre named Sanjhi, for girls of observation homes to provide them postrelease support through counselling, education and skill training etc. So far two girls have been supported through linking them tailoring course at their native places.

### **Documentation**

These are some of our activity reports with detailed process and achievemnets. All these reports are available on the website also.

**Understanding Aspirations** report is the documentation of one day event experience with the resident girls of Balika Grah to commemorate National Sports Day. It also provides us the glimpses of dreams and aspirations of the girlsat balika grah.

Daayre: Seemitatayen aur Vistaar (Hindi) is based on seven days workshop on body movement and folk dances and submitted to Department of Social Justice and Empowerment, Kota. It shares the experiences of girls over the workshop in detail.

Kahen kahani Rachen Khanai (Hindi) is the documentaion of experiences of story workshops at various lcations. It presents the happenings of each story workshop in detail.

ArtLab at Saharia Basti report captures the one day event process of make-over of earthen deepaks by drop out children of Saharia Basti.

**Bal Diwas Utsav** is a photo documentation of the children's day celebration and performances of resident girls of observation home on the occasion of social welfare week.

**SELF** (Hindi) is a report of pilot project on educational intervention for girls of observation home. It gives account of methodology of literacy sessions and workshop on menstrual health management and personal care. The report has been submitted to the Department of Social Justice and Empowerment, Kota.

Lets Make Our City Safe for Women and Girls is the photo documentation which showcases the quick look of poster exhibition organised by the organization.



## **Team Sachetan**

Prabhakar Sharma (President)

Amitava Basu (Member)

Renu Saxena (Member)

Dr. Bharti Gaur (Secretary)

Manju Soni (Member)

Abid Siraj (Member)

Leena Vijay (Treasurer)

Sharad Choudhari (Member)

Vikas Dagur (Member)

Sunita Jain (Member)

Anamika Saxena (Member)

## Thank You!

We thank to all our individual donors and volunteers for their invaluable contribution and showing deep trust within us towards working with younger generation.

#### Financial Assistance by:

Sushila Vijay, Kota	Mohan Lal, Purohit Nagar, Kota	Neeti Vijay, Jhalawar
Chandrakanta Vijay, Kota	Kalim ji, New Rly. Colony, Kota	Bhagwan Gaur, Sangod
Preeti Vijay, Kota	Praveen Kumar, Laxmi Vihar, Kota	K K Garg, Sangod
Tanushree Vijay, Kota	Ranveer Singh, Natraj Talkies, Kota	Sa chin Singha , Kota
Shahbuddin, Saras wati Colony,	Na mri ta ji , Kota	Mahmood Bhai, New Rly colony
Nave en Sharma, Jaipur	Abid ji, Kala Talab, Kota	Rakesh Meena, Kota
Gaffar Khan, Tulapura, Kota	Wajid Sb, gram Khari Bawri, Kota	Bhagwati Prasad Joshi, Sangod
Amit Mittal, Sangod,	Sunder Chand Thakur, Delhi	Sures h Sharma, Kota
Ramesh Agrawal, Tulapura, Kota	Sapna Agrawa I, Kota	Rashmi Jain, Kota
Shiv Shanker, Tulapura, Kota	Seema Jain, Jabal pur	Lata Jain, Gwalior
Smt. Durga, Jaipur	Bindu Jain, Alwar	Barkha Jain, Kota
U mesh Jerwani, Tulapura, Kota	Al ka Gautam, Bajrang nagar, Kota	Jayanti Biswas, Sangod
Mohd. Islam, Tulapura, Kota	Arti Maheshwari	V B Saxena, Banglore
Nitin Khatri, Old Rly. Colony, Kota	Arun Kumar, Govt. College Kota	LL Meena, Govt. College Kota
Hukum ji, Tulapura, Kota	Dilip Goyal, Govt. College Kota	Pankaj ji , Sogaria , Kota
Mohd. Ibrahim, Tulapura, Kota	Vimlesh Soni, Govt. College Kota	Syed Fabrication, Tulapura, Kota
Chanderveer Choudhary, Chambal Colony,	B.S.Sharma, swastika properties, Kota	Sunshine International School, Sangod

#### Material Assistance by:

Parth Gaur (Student), Kota	Chirayu Jain (Student)	Moomal Singh (Student)
Shivika Vijay (Student)	Jain Book Depot, station, Kota	Raj Stationers , Kota
Malik Stationers , Rampura, Kota	Hanuman Gautam, station, Kota	Sunil Gautam, Station, Kota
Shubham Garments, Kota	Dr. Manju Soni	

#### Volunteer Assistance by (during events):

Sharad Gupta, (Teacher)	Rajesh Gaur (Tata Motors)	Tanu Vijay (Teacher)
Ravi Gupta	Abdul Hafiz	M. Tanveerul Islam
(Asst Professor)	(Research Scholar)	(Research Scholar)
Pranjul Jain (student)	Muskan Kumar (student)	Palak (Student)
Chhavipriya Gaur(Student)	Mahashweta Mahiyaria (Student)	Shi vi ka Vija y (Student)
Ashish Sahai (Student)	Somya Jain (Student)	Shubhangi Vijay (Student)
Aparna Choudhari (Student)	Narbada Kachava, Childline,	Asha Pandey, Kota
Leena Vijay (Team member)	Amrita Biswas (Team member)	Sharad Choudhari (Team member)
Sunita Jain (Team member)	Manju Soni (Team member)	Renu Saxena (Team member)



#### Specially, we wish to thank the following:

- 1. Editor and Reporters of Rajasthan Patrika, Dainik Navjyoti, Dainik Bhaskar, STN News Chanel and other local media agencies of Kota
- 2. Ms. Savita Krishnaiya, Deputy Director Social Justice and Empowerment Department, Kota
- 3. Sister Mabel, Sophia Girls Senior Secondary School, Kota
- 4. Sh. Kamal Bakshi, Artist, Kota.
- 5. Sh. Hemant Acharya, Independent Artist, Jaipur
- 6. Sh. Bajrang Ji, Manjari, Nainwa.
- 7. Child Welfare Committee, Nari Niketan, Kota
- 8. Counsellor and other staff of Balika Grah, Nanta, Kota
- 9. Sh. Yogendra Singh, Tulapura, Kota
- 10. Sh. Rajesh Vijay, DCM-Shriram, Kota
- 11. Dr. Vimlesh Soni, Govt. College Kota
- 12. Sh. Rajeev Jain, Rampura, Kota
- 13. Dr. Manish Gaur, Govt. College Kota

#### In the process we approached and engaged with

- 142 children
- 55 adole scent girls living at observation home
- 300 (approx) students/artists and community people etc
- 70+ volunteers and donors etc.
- Different agencies like government department, media, schools, colleges and voluntary organizations etc.

## **Support SACHETAN!**

You can send us your donation through a cheque at our office address or directly transfer funds into our bank account. Your donation will be accepted under U/s. 80 (G) of Income Tax Act 1961.

Cheque to be drawn in favour of "Sachetan Society for Research, Education and Training". Mailing Address: SACHETAN, 23, 'Shripad', Railway Society Colony, Bajrang Nagar, Kota (Rajasthan) India. Pin 324001.

OR you can transfer your donation through net-banking. The bank details are as follows-

- Name of bank: State Bank of India
- City Branch: Kota (Rajasthan)
- Bank branch: ADB Branch
- Bank account number: 32852896009
- IFSC/RTGS Code: SBIN 0001838
- Bank address: State bank of India, ADB Branch, Station Road, Kota (Rajasthan) India.

All the donations enjoy Income Tax rebate under section 80G (5) of IT Act 1961. For details please visit our website www.sachetan.org . You can also visit our facebook page at www.facebook.com/ sachetansociety.



## Sachetan Expenditure 2013-14

Jain Neeraj and Company
Chartered Accountants



278, Patodi Şadan, Shopping Centre, Kota RAJASTHAN 324007 Ph. 9950549184, 744-2361846

#### FORM NO. 10B

See Rule 17BI

Audit Report under section 12A (b) of the Income-tax Act, 1961 in the case of charitable or religious trusts or institutions

We have examined the balance sheet of SACHETAN SOCIETY FOR RESEARCH EDUCATION AND TRAINING AAIAS9687G [name and PAN of the trust or institution] as at 31/03/2014 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above-named institution visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us the said accounts give a true and fair view: -

- in the case of the balance sheet of the state of affairs of the above-named institution as at 31/03/2014
- ii. in the case of the profit and loss account, of the loss of its accounting year ending on 31/03/2014

The prescribed particulars are annexed hereto.

For Jain Neeraj and Company Chartered Accountants

(Ritu Bohra)
Partner
Membership No: 079509

Registration No: 04693C

Place :Kota Date : 01/07/2014



# ANNEXURE STATEMENT OF PARTICULARS I Application of income for charitable or religious purposes.

1	Amount of income of the previous year applied to charitable or religious purposes in India during that year.	57320
2.	Whether the institution has exercised the option under clause (2) of the Explanation to section 11 (1)? If so, the details of the amount of income deemed to have been applied to charitable or religious purposes in India during the previous year	
3.	Amount of income Finally set apart for application to charitable or religious purposes, to the extent it does not exceed 15 per cent of the income derived from property held under trust Wholly for such purposes.	No
4.	Amount of income eligible for exemption under section 11(1)(c) [Give details]	No
5.	Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11(2)	0
6.	Whether the amount of income of mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2)(b)? If so, the details thereof.	No
7	Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(B)? If so, the details thereof.	No
8.	Whether during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year:-	
a.	has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or	No
b.	has ceased to remain invested in any security referred to in section 11(2)(b)(i) or deposited in any account referred to in section 11(2)(b)(ii) or section 11(2) (b) (iii), or	No
C.	has not been utilised for purpose for which it was accumulated or set apart during the period for which it was to be accumulated or set apart, or in the year immediately following the expiry thereof? If so, the details thereof	No

## II. Application or use of income or property for the benefit of persons referred to in section 13 [3]

1	Whether any part of the income or property of the institution was lent, or continues to be lent, in the previous year to any person referred to in section 13(3) (hereinafter referred to in this Annexure as such person)? If so, give details of the amount, rate of interest charged and the nature of security, if any	
2.	Whether any land, building or other property of the institution was made, or continued to be made, available for the use of any such person during the previous year?  If so, give details of the property and the amount of rent or compensation charged, if any.	NO



3.	Whether any payment was made to any such person during the previous year by way of salary allowance or otherwise?  If so, give details.	NO
4.	Whether the services of the institution were made available to any such person during the previous year?  If so, give details thereof together with remuneration or compensation received, if any.	NO
5.	Whether any share, security or other property was purchased by or on behalf of the institution during the previous year from any such person? If so, give details thereof together with the consideration paid.	NO
6.	Whether any share, security, or other property was sold by or on behalf of the institution during the previous year to any such person? If so, the details thereof together with the consideration received.	NO
7	Whether any income or property of the institution was diverted during the previous year in favour of any such person?  If so, give details thereof together with the amount of income or value of property so diverted.	
8.	Whether the income or property of the institution was used or applied during the previous year for the benefit of any such person in any other manner? If so, give details.	NO

## III. Investment held at any time during the previous year(s) in concerns in which persons referred to in section 13(3) have a substantial interest.

SI.No	Name and address of the concern	Where the concern is a company No. and class of shares held	Nominal value of the investment	Income from the investment	Whether the amount in Col. 4 exceeded 5% of the capital of the concern during the previous year-say.  Yes/No

For Jain Neeraj and Company Chartered Accountants

Rin Bohra

Partner Membership No: 079509 Registration No: 04693C

Place :Kota Date 01/07/2014



#### SACHETAN SOCIETY FOR RESEARCH EDUCATION AND TRAINING

#### 23, SHREEPAD RAILWAY SOCIETY COLONY, BAJRANG NAGAR, KOTA

	RECEIPTS &		FOR THE YEAR ENDED ON 31-3-201	14	
PARTICULARS		AMOUNT	PARTICULARS		AMOUNT
Cash balance	1,044.00		Bharti Gaur (Loan Payment)		11,000.00
Bank Balance	46,900.00	47,944.00	Workshop Exp.		
Corpus Fund		30,000.00	Workshop Material		12,960.00
Membership Fees		6,000.00	Workshop Stationery		824.00
Donation Received		51,320.00	Workshop Refreshment		4,675.00
			Workshop Resource Person		14,350.00
			Workshop Miscellaneous Exp		1,549.00
			Workshop Venue		1,500.00
			Workshop Printing		4,673.00
			Photocopy Expenses		2,689.00
			Fees Expense		7,650.00
			Stationery Expenses		626.00
			Misc. Expenses		520.00
			Postage Expenses		173.00
			Website Exp		2,000.00
			Travelling Expenses (Prog.)		14,613.00
			Equipment Tools		3,950.00
			Cash Balance	45.00	
			Bank Balance	51,467.00	51,512.00

As per our report of even date annexed

Total Rs.

For M/s SACHETAN Society for Research Education and Training

135,264.00

Total Rs.

For Jain Neeraj & Co.
Chartered Accountants

135,264.00

Ring Bohra

(Prabhakar Sharma) President (Bharti Gaur) Secretary Place: **Kota** 

Date: 01-07-2014

(Leena Vijay) Treasurer

Annual Report 2013-14



#### SACHETAN SOCIETY FOR RESEARCH EDUCATION AND TRAINING 23, SHREEPAD RAILWAY SOCIETY COLONY, BAJRANG NAGAR, KOTA INCOME & EXPENDITURE A/C FOR THE YEAR ENDED ON 31-

PARTICULARS	AMOUNT	PARTICULARS	
To Office Expenses		By Donations Received	AMOUNT
Photocopy/Printing	2689.00	By Membership Fees	51320.00
Stationary	626.00	By Deficit Tran to General Fund	6000.00
Miscelleneous	520 00	by bencit frail to General Fund	11482.00
Postage Exp.	173.00		
Internet/website Exp	2000.00		
Fees	7650.00		
Workshop & Training Exp.	7 000.00		
Material	12960.00		
Stationery	824.00		
Refreshment	4675 00		
Travelling Expenses	14613.00		
Resource Person	14350 00		
Miscelleneous	1549.00		
Venue/Tent Exp.	1500.00		
Printing & Photography	4673.00		
Total Rs.	68802.00	Total Rs.	68802,00

For M/s SACHETAN Society for Research Education and Training

Place: Kota

Date: 01-07-2014 (Prabhakar Sharma) President (Bharti Gaur) Secretary

Luna Vijay (Leena Vijay) Freasurer

As per our report of even date annexed

For Jain Neeraj & Co.

Chartered Accountants

Ritu Bohrs. (Ritu Bohra) Partner

### SACHETAN SOCIETY FOR RESEARCH EDUCATION AND TRAINING

#### 23, SHREEPAD RAILWAY SOCIETY COLONY, BAJRANG NAGAR, KOTA

#### BALANCE SHEET AS ON 31-3-2014

LIABILITIES		AMOUNT	ASSETS		AMOUNT
Corpus Fund			Equipment		3950.00
Opening Balance Add. Addition during the	40000.00		State Bank of India Bank	4/c	51467.00
year	30000.00	70000.00	Cash in hand		45.00
			General Fund:		
			Opening Balance	3056.00	
			Deficiet for the period	11482.00	14538 00
	Total Rs.	70000.00		Total Rs.	70000.00

For: M/s SACHETAN Society for Research Education and Training

Place: Kota

Date: 01-07-2014

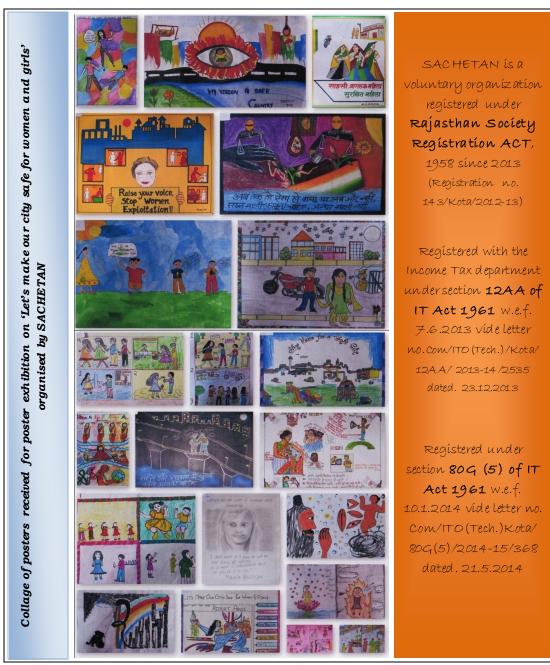
4 | June View | John View | John View | John View | Gernal View | Gernal View | (Leena Vijay) Treasurer

As per our report of even date annexed

For: Jain Neeraj & Co.

Chartered Accountants

Ritu Boton (Ritu Bohra) Partner





#### **SACHETAN**

(Society for Research Education and Training)

Registered Office: 23, Shreepad, railway Society Colony, Bajrang Nagar,

Kota. (Rajasthan). Pin-324001.

Website: www.sachetan.org.email: sachetansociety@gmail.com